

## User trail segment information

### SMR Bench Trail

#### Narrative

The Bench Trail begins near the south end of the Wildflower Trail and travels east along the shrub-steppe bench lands. It forms a connector trail between the east and west legs of the Cowiche Mountain Trail. Starting on the Cowiche Mountain Trail from the kiosk, the connector trail forms a scenic loop hike of 3.7 miles with an elevation gain of 370 feet.

#### Trail length (and terrain)

About 1 mile of level grade after reaching the grassy shelf

#### Difficulty

#### Trail uses

Hiking, skiing, horseback

#### Trailhead directions (from visitor center)

<http://goo.gl/maps/7NnvO>

1. Head **southeast** on **N Fair Ave** toward **E Yakima Ave** **0.3 mi**
2. Take the 2nd right toward **E Yakima Ave** **0.1 mi**
3. Turn left onto **E Yakima Ave** **1.5 mi**
4. Turn right onto **Summitview Ave** **10.9 mi**
5. Turn left onto **Cowiche Mill Rd** **2.5 mi**