

## User trail segment information

### SMR Cowiche Mountain Trail West

#### Narrative

The west leg of the Cowiche Mountain Trail begins at the kiosk and crosses the floodplain pasture, entering a broad ravine. At the north end of the ravine it meets both the Balanced Rock Trail and the Riparian Trail-West. The trail goes south in the ravine and eventually curves east and climbs out of the ravine to the bench lands and wide territorial views above. There is a junction with the Wildflower Trail as it proceeds south past an old corral, climbs a broad ridge and curves east. It traverses a shallow saddle at the top of the ridge and proceeds to the summit of Cowiche Mountain (2,970'). The trail provides a good workout and spectacular scenic views with an elevation gain of 1,140

#### Trail length (and terrain)

3.24 miles of challenging grade for this distance

#### Difficulty

As a six and a half mile round trip this hike is a workout

#### Trail uses

Hiking, skiing, and horseback

#### Trailhead directions (from visitor center)

<http://goo.gl/maps/7NnvO>

1. Head **southeast** on **N Fair Ave** toward **E Yakima Ave** **0.3 mi**
2. Take the 2nd right toward **E Yakima Ave** **0.1 mi**
3. Turn left onto **E Yakima Ave** **1.5 mi**
4. Turn right onto **Summitview Ave** **10.9 mi**
5. Turn left onto **Cowiche Mill Rd** **2.5 mi**